



The Atlantic Club Summer Camp

2024



Dear Parents-

Welcome to our 2024 summer camp program! We are very excited for all the fun activities we have planned for this summer! The following information will provide you with answers to some of the questions you may have as your child prepares to attend the Atlantic Club Summer Camp. If you have any other questions, you can always call our Camp Office, located in Atlantis Prep School, at 732-528-5437.

Our staff consists of certified professionals, as well as college students achieving degrees in the Arts, Physical Ed., Education, etc. All Staff have approved background checks on file and have attended our Orientation regarding Corporate and State Policies and Procedures. All staff are also certified in CPR, First aid & Emergency Procedures. We also have a nurse on our Camp Site five days a week.

Our staff aim to promote social, emotional and physical well-being of each child while maintaining a safe, structured environment. Our program has a wide range of activities, theme days, special visitors, etc. to give each child a summer they will never forget!

ROOKIE CAMP ages 2 ½ (by June 1)-First Grade

Our Rookie Camp is located in our air-conditioned Atlantis Prep School. Each group has a classroom as their "home base". Rookie campers spend time inside their classroom for snack, art projects, play and outside for water play, playground, games on the fields and nature walks. Every day is a different theme day where games, activities, projects are based on. Full day 4-year-olds-1st grade campers will have an afternoon of non-instructional swim in our teaching pool. Full day 2 ½ & 3 year old's will have a rest time in the afternoon.

Camp Half Day 9:00am-12:00pm Monday-Friday

Camp Full Day 9:00am – 3:00pm Monday-Friday

Drop off between 8:30am-9:00am

EXTENDED CARE WILL BE OFFERED FROM 3:15PM-4:30PM FOR A FLAT RATE OF \$20/DAY

Space is very limited in our camps so pre-registration is required.

Please LABEL all items brought to camp with CHILD'S FIRST AND LAST NAME

ALL HALF-DAY CAMPERS

- Wear clothing and shoes appropriate for outdoor play (sneakers for playground/sandals for water activities)
- Backpack or bag – please bring
- Snack & drink – in a bag labeled with child's name
- Extra change of clothes kept in a zip lock bag in case of accident or spill
- Diapers and wipes (if appropriate)

- On Water Play days, campers are to arrive with swimwear already on under clothing, dry clothes to change into, and a towel. Your child's counselor will provide a schedule with Water Play days.
- Please apply sunscreen prior to the arrival at camp.
- Half-day campers do NOT eat lunch at camp.

ALL FULL-DAY CAMPERS

- Lunch can be purchased for \$6.00/day (CASH only please) or brought from home. We do NOT refrigerate lunch or heat anything up. Please place an icepack in the lunch box. **Monday, Wednesday, Friday – Pizza \$6.00/day (cash please)**
Tuesday, Thursday – Jersey Mikes (ham & cheese or turkey & cheese sandwich) \$6.00/day (cash please)
- AM & PM snack & drink – in a bag labeled with child's name
- Bottle of **SPRAY** sunscreen to use for re-application.
- If swimming (those toilet-trained & 4 years old and older full day campers)
 - Children should **wear swimsuit** daily underneath clothing.
 - Pack a plastic bag to put the wet suit and towel in after swim.
 - Towel
 - Goggles
 - Shoes to wear to & from the pool that are easy to put on and take off. (Crocs, sandals) Socks and sneakers are difficult to get on wet/damp feet.
 - Change of clothes kept in a labeled zip-lock bag in case of accident or spill.
- Fitted crib sheet & light blanket (for our 2 and 3 year-old full-day campers)
Bedding will be sent home weekly to be washed.

Drop Off – (8:30am-9am) Rookie Campers will report to the Atlantis Prep School building. Each camp group is assigned a “home base” classroom at the school.

Pick up- Pick up will be either out front of the Atlantis Prep School or at the back door of your child's classroom. You will be informed of the location by email or on the first day.

Sunscreen- Please apply sunscreen every morning before camp. A hat is also recommended for sun protection. Full-day campers are requested to bring a **SPRAY** sunscreen with them to camp as well. Lotions are not recommended.

Illness- Children who are ill should not be brought to camp nor can they participate in camp activities. If a child should become ill during the day, a call will be made to have the child picked up. Our Health Office is staffed throughout the summer with an Atlantis Prep School Nurse. In addition, all summer camp staff is certified in CPR, First Aid and Emergency Procedures.

Rest Time- All full-day campers in our **2 ½ year old and 3 year old** groups are provided with a 30-minute rest time daily. The classroom lights are dimmed and soft music is played during this time. Parents are asked to provide a fitted crib sheet & light blanket for your child's cot.

ADVENTURE CAMP grades 2nd-6th

Our Adventure Camp is located in our 20,000 square foot air-conditioned Fieldhouse. Campers follow a schedule of different activities inside (arts & crafts, game room, fieldhouse) and outside (gaga pit, fields, sand volley ball court). Different theme days such as Olympic Day,

Trivia Day, Obstacle Course Challenge and more add to the fun. Full day campers will have an afternoon of non-instructional swim in our pool. All campers must pass a deep end test administered by our Lifeguard to swim in the deep end.

Camp Half Day 9:00am-12:00pm Monday-Friday

Camp Full Day 9:00am – 3:00pm Monday-Friday

Drop off between 8:30am-9:00am

EXTENDED CARE WILL BE OFFERED FROM 3:15PM-4:30PM FOR A FLAT RATE OF \$20/DAY

Space is very limited in our camps so pre-registration is required.

Please LABEL all items brought to camp with CHILD'S FIRST AND LAST NAME

ALL HALF-DAY CAMPERS

- Sneakers for playing
- Backpack or bag – that child can carry – labeled with child's first and last name on the inside
- Snack / drink – in a bag labeled with child's name
- Reusable water bottle
- Please apply sunscreen before you come to camp.

ALL FULL-DAY CAMPERS

- Lunch can be purchased for \$6/day or brought from home. We do NOT refrigerate lunch. Please place an icepack in the lunch box.
Monday, Wednesday, Friday – Pizza \$6.00/day (cash please)
Tuesday, Thursday – Jersey Mikes (ham & cheese or turkey & cheese sandwich) \$6.00/day (cash please)
- AM & PM Snack / drink – in a bag labeled with child's name
- Bottle of spray sunscreen – to use for re-application in afternoon
- Afternoon pool time
 - Towel
 - Goggles – (optional) label with child's name/initials
 - Shoes to wear to/from the pool – easy on/off
 - Change of clothes – keep in a labeled zip-lock bag

Drop Off – (8:30am-9am) Adventure Campers may be dropped off on the side of our Fieldhouse. Inclement weather drop off is inside our Fieldhouse. Campers should be dropped between 8:30am- 9am to be checked in. Any camper arriving after 9am must go to the camp office located at Atlantis Prep School and we will escort them to their group. ***We ask that you make every effort to be here during that time frame.***

Pick up Half Day Campers (9am-12pm) Campers will be ready for 12pm pick up out in front of the Fieldhouse. *Please make sure you have ID as the counselors will be checking until they get to know you. No camper will be released to a person not on the list.*

Pick up Full Day Campers (9am-3:00) Campers will be ready for 3:00pm pick up on the side of the Fieldhouse (inclement weather will be inside the fieldhouse) *Please make sure you have ID*

as the counselors will be checking until they get to know you. No camper will be released to a person not on the list.

Sunscreen - Please apply sunscreen every morning before camp. Full Day campers are requested to bring a spray sunscreen with them to camp as well to re-apply before swim time.

Illness - Children who are ill should not be brought to camp nor can they participate in camp activities. If a child should become ill during the day, a call will be made to have the child picked up. Our health office is staffed throughout the summer with an Atlantis Prep School Nurse. In addition, all summer camp staff is certified in CPR, First Aid and Emergency Procedures.

TENNIS ACADEMY /POWER TENNIS/PICKLEBALL ACADEMY

9am-12pm

Drop off between 8:30am-9:00am

TENNIS ACADEMY- (7yrs-17yrs)

Tennis Academy takes place in our Tennis Center #2. Campers should bring sneakers, a racquet, water bottle and snack. Drop off & pick up at Tennis Center #2.

POWER TENNIS (13-17 yrs)

Power Tennis takes place in our Tennis Center #1 (outdoor courts). Campers should bring sneakers, a racquet, hat, water bottle & snack. Campers should also wear sunscreen as Power Tennis is outside. Drop off & pick up at Tennis Center #1.

PICKLEBALL ACADEMY (9yrs-15yrs)

Pickleball Academy will take place in our NEW Pickleball Center (located next to Tennis Center #2). Campers should bring sneakers, a racquet, water bottle and snack. Drop off & pick up will be at the Pickleball Center.

ALLERGIES: We ask that you pre-register so that all of our counselors are made aware of each child with an allergy. Also, please ensure The Atlantic Club receives complete medical information on your child or children. **We do provide a PEANUT FREE “ZONE” (table) for any children with allergies to foods.** Children are not permitted to share snacks.

COMMUNICABLE DISEASE: Pink eye, ringworm, head lice, etc. must be fully treated before a child is permitted to return to camp. If your child has a fever, they should be fever free for 24 hours without any medication before returning to camp. A doctor’s note must accompany the child when they return. The nurse will check each camper to verify that the child has been treated and assure that other campers will not be affected in the future. In case of head lice, the child must be lice/nit free before returning to camp.

If a camper tests positive for COVID-19, they must remain out through the recommended quarantine time period.

In the event of an emergency, the child will be transported via ambulance to Jersey Shore University Medical Center (unless you have made us aware we should use a different hospital.) You will be contacted IMMEDIATELY. It has occurred where we are unable to contact anyone

on your child's emergency list. When this occurs, we continue to try and contact you and the child is transported to the hospital with one of our directors by ambulance. Our staff person will stay with the child until you arrive. A team of staff will be working on contacting you and all others on your emergency contact form until we successfully reach you. Our staff person accompanying your child will also be able to be contacted by phone until you arrive.

CONDUCT & DISCIPLINE: The staff will present model age-appropriate behavioral guidelines and reflective communications, to encourage children to express their emotions. We encourage self-control, self-directions, responsibility, and cooperation. The staff is trained in the process of positive discipline. Positive discipline instructs a child as to what they should do. For example, "We walk inside the building," versus, "NO RUNNING!" This philosophy of discipline is in the accordance with our belief that children learn best in an environment where guidance and encouragement promote the development of self-esteem. "Time-Out" may be used selectively for younger children who are at risk of harming themselves. This period of "time out" will be just long enough to enable the child to regain control of him/her, and will never be longer than 1-2 minutes per each year of age. During the "time-out" a staff member will certainly be with the child.

Aggressive physical behavior (fighting, hitting, biting, etc.) by a child toward another child or staff member is unacceptable. Staff members will intervene immediately should this type of situation occur in order to protect all of the children and encourage more acceptable behavior.

Parents will be informed if such an incident occurs. If a child's behavior is uncontrollable, extremely disruptive, and/or harmful to him/herself or others, a parent will be **called immediately** and we would ask that the child take a break from camp. Open communication between home and camp is key in correcting these situations. If the behavior continues after the camper returns, the parent will be called and the child will be removed from the camp permanently.

EARLY PICK UP: Parents who wish to pick up children early can make these arrangements through Camp Headquarters. Please call 732-528-5437 to arrange this. In the event of an emergency, come to the Camp Office (located at Atlantis Prep) and we will page your child's counselor to bring the child to the Camp Office.

ELECTRONIC DEVICES: Please do not send in expensive electronic equipment for your child. **Cell phones, Apple watches, handheld game devices or any other electronic devices are not permitted at camp.** The Atlantic Club is not responsible for any lost or stolen equipment. Any cell phones brought to camp must remain in the camper's backpack until the conclusion of the camp day. Our Counselors all carry portable radios and if you call our main office, we can have the counselor call you back directly and also put your child on the phone.

EXTENDED CARE: Extended care will be available from 3:15-4:30 for a flat rate of \$20 per day. **All campers must be picked up by 4:30pm.**

FINANCIAL POLICY: All fees must be paid in full prior to bringing your child to our summer programs. No refunds after May 15th. Only camp credits will be offered after May 15th. All refunds will be charged a \$50 Service fee. Any cancellations must be put in writing and given to the camp office. **There is no credit given or make up days for child's illness, vacations, and rainy days.** There is a \$30 fee for returned checks or declined credit cards. We must have a

(secured) credit card on file. Walk-ins on the camp day without prior registration will be charged a \$25 application fee. There will be a Change Fee of \$15 for any camp changes.

LOST & FOUND: All clothing and equipment must be labeled with your child's name. Adventure Camp lost and found will be brought to the Fieldhouse. Rookie Camper lost and found will remain in the Atlantis Prep School. **The Atlantic Club is not responsible for any lost or stolen items.**

MEDICATION: If your child needs medication of any type while he/she is at camp, a doctor's note must indicate a specific time and dosage to be given. All medication must be in the original container and labeled with your child's name and brought to the Nurse's office along with a the Permission To Medicate Form signed by the parent giving The Atlantic Club instruction and permission to store and dispense the medication.

Please **DO NOT** leave the medication in your child's bag for him/her to take. Please bring the medication to the Camp Office or directly to the Nurse's office. If you select to bring your child's medication directly to the Nurse, **please ensure the Camp Office is also aware.** Please arrange a meeting with the Nurse if you are leaving an epi-pen in our care. Our staff has been trained in using an the epi-pen. Always ensure the Camp Office is aware of medication needed. It will then be noted in the attendance log that the counselor has with them through the day.

REGISTRATION: You can register online at www.summertimecamp.com. Camp begins Monday, June 17th and runs through Friday August 16th. You can register for one week or multiple weeks. Payments must be made before the start of camp.

Our camp office hours are Monday-Friday 7:30am-3:30pm. You can call our camp office at 732-528-5437 if you have any questions. We are looking forward to a summer of fun!